



Ensuring your child is using the right size bike is important for their safety. Learn how to measure their bike with 3 easy steps.

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HELMET SAFETY TIPS

- Never allow your child to wear a hat under their helmet.
- Be sure to check the fit of your child's helmet frequently to ensure they haven't grown out of it.
- 3 Consider adding reflective stickers or lights to their helmet if they will be riding at night.
- 4 Check the helmet for wear and tear. This will ensure it is still safe after extended use.

